



# ZONTA AM

ZONTA CLUB OF AMHERST  
DISTRICT #4  
November 2012

Governor: Dr. Lee Fogarty  
District 4 Website: [www.zontadistrict4.org](http://www.zontadistrict4.org)  
Area 4 Director: Mary Yunker  
Zonta of Amherst Website: [www.AmherstZonta.org](http://www.AmherstZonta.org)

## A Message from the President:

Happy Thanksgiving to all of you.

I hope you have a great holiday with family and friends. At this time of year when we reflect on all we are thankful for, I can think of so many things I am grateful for and I am sure each of you can also. It is important that we remember that there are many who may have so little or work very hard just to get by each day. Our club is a small group but working together we continue to make things happen.

Please remember our **Bucket of Love** cleaning products and bring them to our next meeting. I would like to make a drop off in December to the International Institute.

Also, at the next meeting we will have information about helping a family get settled in a home.

Again HAPPY THANKSGIVING to my Zontian Sisters!

-Anita

### A ZONTA BLESSING

Wherever your country of birth, whatever your faith or creed,  
Give thanks for the meal we share today in Zonta fellowship.  
But remember too, those who have no food today:  
Not with guilt hat we have so much,  
But with the hope that through Zonta service  
They to may come to share the same peace and harmony.



### ZONTA INTERNATIONAL MISSION STATEMENT

*Zonta International is a global service organization of executives and professionals working together to advance the status of women through service and advocacy*



### ZONTA CLUB OF AMHERST MISSION STATEMENT

*Create renewed enthusiasm in each member to enable the Zonta Club of Amherst to take on the cause of women's health, participate in District and support International endeavors.*

## This month's Dinner Meeting is at Westwood Country Club on November 27th, 2012

6:00 Socializing

6:30 Dinner

You must choose ahead of time and call Shirley!  
NO SUBSTITUTIONS from the set menu.

**\$23 due at dinner NEW PRICE!**  
(exact payment helpful)!

Let Shirley know your choice ASAP!

**MENU CHOICES:**

- 1) Old fashioned Turkey dinner with all the trimmings or
- 2) Chicken Parmesan or
- 3) Beef Stroganoff

Desert- Baked Apple Pie with cranberry crème

Please call Shirley at 634-4484 or 908-5928 if you know you can make the dinner so we can have an accurate count!

Our November dinner guest will be *Mary Yunker*, Zonta Area 4 Director, who will be inducting our newest member, *Sue Camacho*!



Thanks to Dr. Klara Carter, who introduced us to some concepts of homeopathic medicine at our October meeting!

If you would like to make a donation, or send Zonta related correspondence, you can reach the Zonta Club of Amherst NY

President Anita Sandecki at :  
312 Coronation Dr,  
Amherst NY 14226



## Zonta International North American Inter-District Seminar

We hope you can join us in June 2013 for the Zonta International North American Inter-District Seminar in one of North America's most spectacular cities, Niagara Falls, Ontario. The seminar, held at the gorgeous [Scotia Bank Convention Centre](#), will be the focus of our time together. However, you will have also have the opportunity to participate in social events and tours showcasing District 4's sister cities of Niagara Falls and Buffalo, New York.

Please mark this in your calendar for June 14 - 16, 2013, and remember to allow for travel and tourism days before and after the event. Registration details, including hotel reservations at the [Marriott Gateway](#), will be available in January.

Warmest regards

**Kathleen Douglass**, Event Chair, [interdistrict@zontadistrict4.org](mailto:interdistrict@zontadistrict4.org)

### ZONTA GREEK ISLANDS CRUISE

Join Cruise Coordinator **Donna Ketchum-Colletta** and fellow Zontians with family and friends on this exciting "Fun" Raiser to raise funds for the Amelia Earhart Fellowship.

What a great way for Zonta to raise money for a young woman working on her doctorate! The deposit is \$450 per person. Details and registration form are on the Zonta District 4 website. DEPOSIT DUE DECEMBER 1!

From the ZONTA CLUB OF THE AURORA AREA:

### ZONTA INTERNATIONAL PLEDGES SUPPORT TO END PREVENTABLE CHILDHOOD DEATHS

Zonta International has added its name to the "A Promise Renewed" pledge - a global effort, coordinated by UNICEF, to end preventable child deaths. By signing this pledge, we are reaffirming our commitment to achieving the Millennium Development Goals to reduce newborn, child and maternal deaths.

This is a great opportunity for us to demonstrate our commitment to achieving the Millennium Development Goals and to reducing the number of preventable child deaths. All Zonta districts, clubs and members are to welcome to sign the pledge to show their support. You can learn more about "A Promise Renewed" and sign the pledge as a club or individual Zontian on their website at <http://apr.nationbuilder.com>

From the ZONTA CLUB OF NIAGARA FALLS:

### DISTRICT 4 HISTORY

District 4 is a District of "Firsts"-first Club (Buffalo) and first International Club (Toronto). It is comprised of 39 clubs in a region that includes Western Ontario, Western New York, and Western Pennsylvania. The District is divided into six areas, each with an Area Director who is a member of the District Board. Spring Workshops are held each year to update members on the latest procedures and information on activities within Zonta. Three are held covering the Northern, Southern and Central areas allowing Zontians to attend within a reasonable distance from their homes. District Conferences are held in the odd-numbered years and provide opportunities for Zontians to interact with each other while conducting District business. Members in District 4 provide service to both their local and international communities through a wide range of service projects and events. Our members regularly support functions to acknowledge International Women's Day and Zonta Rose Day, on the 8th March, and United Nations International Day for the Elimination of violence against women, November 25th.

Information taken from District 4 Website

Zonta Club of Amherst  
General Membership Meeting Minutes  
Oct 22, 2012

President Anita Sandeckki opened the meeting with approximately 11 members present at 6:00 pm. She welcomed Sue Camacho, a new member who was presented by Donna Cicero. At the November 27 meeting Mary Yunker will perform our new member induction.

*Girls on the Run* race will be held 11/10/12 @ 11:00 am at the Tonawanda bike path by the American Legion located next to Mississippi Mudd's restaurant. Members are encouraged to sign up and volunteer as our fall community service project. Members can sign up online for a variety of positions such as set-up, clean-up, race buddy or crowd control. Please enter Zonta under the link asking how you heard about us.

Group members approved a motion to participate in the Amherst Youth & Recreation Department Clothing Drive with a group and individual donation.

Members approved the motion to welcome Sue Camacho as a new Zonta member.

Anita reminded members about the Choco-Logo fundraiser on November 2 at 5:15 and 6:00.

Anita also mentioned a meeting on Milton & Cayuga at the Calvary Episcopal Church regarding a Family Justice Center location in Amherst on 10/30/12 at 7:00 pm.

Buffalo Zonta Club plans a meeting at the Towne Restaurant to coordinate advocacy with the International Institute for November 15 at 4:30 pm.

The next board meeting is scheduled for 11/13/12 at the Northtown Center @ 7:00 pm while the next general meeting will be held 11/27/12. Everyone is welcome and encouraged to attend both meetings.

Donna Cicero reported that Choco-Logo and Wearhouse sale flyer are available on-line. Please encourage attendance from your friends, family and co-workers.

Rosalie reported on her research for the poinsettia sale, all orders must be in by November 15, 2012. Order forms will be e-mailed.

Following the meeting, members enjoyed an interesting presentation from Dr. Klara Carson (Kim Burg's daughter). Dr. Carson is a Naturopathic Wellness doctor based in Rochester, NY. Naturopathic Doctors treat the body as a whole, relying on our own natural healing process, rather than prescribing drugs. They treat the whole person's physical, emotional, mental and spiritual well being, attempting to locate the root cause for a particular issue. Dr. Carson provided the members a new found respect for the benefits of Naturopathic medicine. She described many ways to use natural herbs, remedies and vitamins to combat disease, anxiety and the stressful issues of life that deals with in today's world.

# 2012-13 Important Zonta Dates!

November 2012	11/25/2012 11/27/2012	Warehouse Accessorized Event General monthly meeting
December 2012	December TBD 12/11/2012	Poinsettias arrive Holiday meeting (only meeting for the month)
January 2013	1/8/2013 1/22/2013 January TBD	Executive Board meeting General monthly meeting Birthing Kit Assembly
February 2013	2/12/2013 2/26/2013	Executive Board meeting General monthly meeting
March 2013	3/12/2013 3/25/2013	Executive Board meeting General monthly meeting
April 2013	4/9/2013 4/23/2013	Executive Board meeting General monthly meeting
May 2013	5/14/2013 5/28/2013	Executive Board meeting Installation of Officers
June 2013	6/11/2013 June TBD	Meeting of old and new Board Yard Sale



**President**  
Anita Sandecki

**Vice President**  
Deb Glieco

**Treasurer**  
Mary-Diana Pouli

**Secretary**  
Peggy Naples

**Board of Directors**  
Shirley Havice  
Kay Marciano  
Kathy Reynolds



**Zonta International**  
**North American**  
**Inter-District Meeting**  
**Niagara Falls, ON Canada**  
**June 14 to 16, 2013**

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**SAVE THE DATE**

Please plan to join us

- Network beyond your club and district
- Hear great presentations
- Share ideas

Let's work together to grow Zonta membership in North America

Watch for registration and program details in January 2013

Join the



## ZONTA CLUB OF AMHERST

for a fundraising event at

# THE WEARHOUSE ACCESSORIZED



2395 Maple Road (at Transit)  
Williamsville NY  
(near Marshall's)

**SUNDAY, NOVEMBER 25, 2012**

**12:00 – 4:00pm**

A portion of all sales will benefit Zonta's work on behalf of women.

Come shop for fabulous costume jewelry, purses, shawls, watches, sunglasses, jackets, sweaters and dresses!